



# **FOR PEOPLE WITH DEPRESSION & BIPOLAR DISORDER**



## **FREE SUPPORT GROUPS**

**Mondays 6:00pm-7:30pm**

(Except Holidays)

**Wayne YMCA**

1 Pike Drive (Party Room)

Wayne, NJ 07470



**First time visitors must check in with government issued ID**

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**Tuesdays 6:30pm-8:00pm**

**Wednesdays 1:00pm-2:30pm**

(Except Holidays)

**Mental Health Association in Passaic Cty**

404 Clifton Avenue (1<sup>st</sup> fl. Conference Room)

Clifton, NJ 07011

For more information visit [www.mhapassaic.org](http://www.mhapassaic.org) or contact  
Dennise Babin at (973) 478-4444 ext. 117