## TAKE A MOMENT

A Candlelight Vigil for the families & friends who are impacted by Addictions, Mental Health Challenges and Suicide.

Wednesday, January 30, 2019 7:00 - 8:00 PM Clifton City Hall 900 Clifton Ave Clifton, N.J. 07013

Matt Chrystal from the American Foundation for Suicide Prevention will present on the latest research regarding the risks & warning signs of suicide and prevention strategies. Presentation to be held inside Clifton City Hall followed by Candlelight Vigil outside.

There will be coping stations with information & resources.

FOR MORE INFORMATION PLEASE CALL 973-478-4444 EXT 111







